

Report- Annual Junior Sports Prize Distribution

Participants : Students of Classes Lower Nursery to 5

Date : 08.11.2025

Venue : Dr. Sampurnanand Sports Complex, Sigra , Varanasi.

Time : 9.00 AM

Total no. of winner: 121

The Annual Prize Distribution from classes LN TO 5 was held at **Dr. Sampurnanand Sports Complex, Sigra , Varanasi** . It was a vibrant showcase of talent among students from classes **LN to 5**. The event began with the melodious choir and prayer by Rev. Sanjay Daan. Welcome speech was given by our Vice Principal, who encouraged students to participate actively in sports and games followed by the report presentation of primary section by junior Headmistress

Various prizes and medals were awarded to the winners of different events like **Races, Relay Race, Elephant Race, Roller Stakes, Jumping With Ball, Pajama Race , Frog Race, 50 Meter Race , Sack Race**. The Chief Guest, **Mrs. Vimla Singh-Regional Sports Officer (RSO), Professor H.S. Asthana -HOD, Dept. of psychology of BHU** congratulated the winners and spoke about the importance of discipline and teamwork in sports.

The Inaugural Walk for the Pre-Primary, Lower Nursery and Upper Nursery students was organized with great enthusiasm. The event aimed to familiarize the little ones with their school environment and instill confidence and excitement for their learning journey.

An energetic aerobics session was conducted for the students of Classes I, II, and III to promote fitness and good health. The session began with warm-up exercises followed by rhythmic movements to lively music. . The students participated enthusiastically, enjoying every step and beat. The activity helped them improve their coordination, flexibility, and stamina.

A Yoga and Karate Demonstration was organized for the students of Classes IV and V to showcase the importance of physical fitness, discipline, and mental well-being.

The event successfully highlighted the importance of physical fitness and a healthy lifestyle among young learners, inspiring all students to stay active and disciplined.

The atmosphere was filled with excitement and cheer as students received their trophies and certificates. The ceremony ended with the National Anthem and a vote of thanks by Mrs. Meena Mamgain

It was a memorable day that inspired everyone to stay fit and active through sports.

Vinita Murzhani

